

3rd International Symposium Healthy Ageing

20 – 22 February 2019

at the Leibniz-Forschungsinstitut für Molekulare Pharmakologie (FMP) in Berlin-Buch / Germany

Wednesday, 20 February 2019

10:30 – 12:30 h	Meeting (MDC.C 3 rd Floor, Dendrite III) Steering committee & Head of focus groups
12:00 – 13:00 h	Arrival and refreshment (MDC.C Ground floor, Foyer)
13:00 – 13:15 h	Welcome / Introductory comments (MDC.C 1 st Floor, Room Axon) Prof. Dr. Volker Haucke (FMP) Prof. Dr. Jean Krutmann (IUF) Dr. Helen Morrison (FLI)
13:15 – 15:00 h	Keynote session (MDC.C 1 st Floor, Room Axon) <i>Genome Stability in Ageing and Disease</i> Prof. Dr. Björn Schumacher, CECAD Köln <i>Views on Ageing in the Dynamics of Health Behavior and Health</i> Prof. Dr. Verena Klusmann, University Hamburg
15:00 – 15:30 h	Coffee break (MDC.C 1 st Floor, Foyer Axon)
15:30 – 17:00 h	PhD session (MDC.C 1 st Floor, Room Axon) <i>Protein aggregation related disease</i> Arthur Gibert (FMP) <i>Development, implementation and evaluation of interventions promoting physical activity in older adults</i> Saskia Müllmann (BIPS) <i>Cognitive reserve is an evolving concept and there is need to search for further factors</i> Slawomir Kujawski, Copernicus University Torún/Poland <i>Healthy City Program in Shanghai - policy process unfolded</i> Jiaying Lin (IOER)

17:00 – 18:00 h **Poster Session** with wine and cheese (MDC.C Ground floor, Foyer)

18:00 – 19:30 h **Public outreach event** (in German, MDC.C 1st Floor, Room Axon)

Grußwort:

Prof. Dr. Volker Haucke (FMP)

Vortrag:

Altern ohne Alzheimer - Werden unsere Enkel die Krankheit noch kennen?

Prof. Dr. Konrad Beyreuther,

Direktor, Netzwerk Alternforschung der Universität Heidelberg

19:30 h Reception with STEGREIF.orchestra (MDC.C Ground floor, Foyer)

Thursday, 21 February 2019

9:00 – 10:30 h **Working sessions** (Rooms see end of document)
Focus groups

10:30 – 11:00 h Coffee break (MDC.C 1st Floor, Foyer Axon)

11:00 – 12:30 h **Plenary session** (MDC.C 1st Floor, Room Axon)

11:00 – 11:50 h

Keynote:

Learning and Longevity

Susan Hoffman,

Osher Lifelong Learning Institute (OLLI), UC Berkeley/USA

11:50 – 12:10 h

FG Immunology

Prof. Dr. Andreas Radbruch (DRFZ)

12:10 – 12:30 h

FG Biomarkers

Prof. Dr. Gerd Schmitz, University Hospital Regensburg

12:30 – 14:00 h Lunch (MDC.C Ground floor, Foyer)

13:00 – 14:00 h **Meeting** (MDC.C 3. OG Dendrite III)
Scientific advisory board & steering committee)

14:00 – 16:00 h **Plenary session** (MDC.C 1st Floor, Room Axon)

FG Synaptic Ageing

Dr. Michael Kreutz (LIN)

FG Alternative Animal Models

Prof. Dr. Thomad Hildebrandt (IZW)

FG From mice to men

PD Dr. Stephan Getzmann (IfADo)

FG BIOAGE

Dr. Manuela Marron (BIPS)

	<p><i>FG Health information Literacy</i> Dr. Tom Rosman (ZPID) Dr. Martin Merkt (DIE)</p> <p>General Discussion</p> <p>PhD award Poster award</p>
16:00 – 16:30 h	Coffee break (MDC.C 1 st Floor, Foyer Axon)
16:30 – 18:00 h	<p>World Café (MDC.C 1st Floor, Foyer Axon)</p> <p>New project ideas on Healthy Ageing</p>
18:00 h	Get Together (MDC.C Ground floor, Foyer)

Friday, 22 February 2019

Junior Research Day at the FMP (FMP, SR Ground Floor)

9:00 – 9:30 h	<p>Warm up Introduction of the participants</p>
9:30 – 10:15 h	<p>Keynote session</p> <p><i>Interdisciplinary research – Source for a complex scientific approach</i> Prof. Dr. Thomas B. Hildebrand, Leibniz Institute of Zoo and Wildlife Research (IZW) Berlin</p>
10:15 – 11:15 h	<p>Interdisciplinary Healthy Ageing session</p> <p><i>Transcriptome signatures of caste-dependent ageing in long-lived <i>Fukomys mole-rats</i></i> Arne Sahm (FLI)</p> <p><i>Aged hematopoietic stem cells drive ageing-associated immune remodeling</i> Dr. Hanna Leins, Ulm University</p> <p><i>NLRP3 inflammation suppression improves healthspan and lifespan in obese mice</i> Mario D. Cordero, University of Granada</p>
11:15 – 11:30 h	Coffee Break
11:30 – 13:00 h	<p>Workshops (Rooms see end of document) Interdisciplinary approaches on Healthy Ageing</p> <p><i>From Mice to Men - An interdisciplinary project on Healthy Ageing</i> Dr. Oliver Kobald (IfADo)</p> <p><i>Health information literacy - Some practical recommendations for work in interdisciplinary teams</i> Dr. Martin Merkt (DIE)</p>

Synaptic Ageing - Challenges for Translational Neuroscience
Dr. Camilla Fusi, Dr. Michael Kreutz (LIN)

13:00 – 13:45 h

Lunch

13:45 – 15:00 h

Wrap up
Presentation of the workshops results
Summary and Feedback

15:00 h

Coffee and departure

Meeting rooms

Working sessions Focus groups, Thursday, 21 February 2019, 9:00 – 10:30 h

1_ Immunology and Ageing	MDC.C 3 rd Floor, Dendrite III
2_ Biomarkers of ageing associated dysfunctions and diseases	FMP 1 st Floor, SR A 2.16
3_ Synaptic Ageing	MDC.C 1 st Floor, Axon
4_ Alternative Animal Models of ageing	MDC.C 3 rd Floor, Dendrite II
5_ Mice to Men	FMP 2 nd Floor, SR A 3.16
6_ BIOAGE	FMP Ground Floor, SR B 1.14
7_ Health Information Literacy	MDC.C 3 rd Floor, Dendrite I

Important Information:

The groups Biomarkers, Mice to Men and BIOAGE will be picked up in the Foyer of the MDC.C at 9:00 h.

Workshops Junior Research Day, Friday, 22 February 2019 11:30 – 13:00 h

1_ From Mice to Men - An interdisciplinary project on Healthy Ageing	FMP 1 st Floor, SR A 2.16
2_ Health information literacy - Some practical recommendations for work in interdisciplinary teams	FMP Ground Floor, SR B 1.14
3_ Synaptic Ageing - Challenges for Translational Neuroscience	FMP Ground Floor, Seminar room